




The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-866-607-6272. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform) or call 1-866-607-6272 to request a copy.

Important Questions	Answers	Why This Matters:
<p><b>What is the overall deductible?</b></p>	<p><u>In-network</u>: <b>\$250</b>/individual; Maximum of 3 individual <u>deductibles</u> per family. <u>Out-of-network</u>: <b>\$250</b>/individual; Maximum of 3 individual deductibles per family.</p>	<p>Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u>, each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u>.</p>
<p><b>Are there services covered before you meet your deductible?</b></p>	<p>Yes. Vision, dental, and <u>preventive services</u> are covered before you meet your <u>deductible</u>.</p>	<p>This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u>. See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a>.</p>
<p><b>Are there other deductibles for specific services?</b></p>	<p>Yes. <u>Prescription drugs</u>: <b>\$200</b>/individual. There are no other specific <u>deductibles</u>.</p>	<p>You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services.</p>
<p><b>What is the out-of-pocket limit for this plan?</b></p>	<p><u>In-network</u>:                      Medical: <b>\$3,250</b>/individual; <b>\$9,750</b>/family.  <u>Prescription drugs</u>:  <b>\$3,350</b>/individual; <b>\$3,450</b>/family.</p>	<p>The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u>, they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.</p>
<p><b>What is not included in the out-of-pocket limit?</b></p>	<p>Premiums, <u>balance-billing</u> charges, penalties for failure to obtain <u>preauthorization</u>, health care this <u>plan</u> doesn't cover, and <u>out-of-network</u> <u>coinsurance</u>.</p>	<p>Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u>.</p>
<p><b>Will you pay less if you use a network provider?</b></p>	<p>Yes. See <a href="http://www.ibx.com/individuals/find_provider/index.html">www.ibx.com/individuals/find_provider/index.html</a> or call 1-800-810-2583 for a list of PPO <u>providers</u>.</p>	<p>This <u>plan</u> uses a <u>provider network</u>. You will pay less if you use a <u>provider</u> in the <u>plan's network</u>. You will pay the most if you use an <u>out-of-network provider</u>, and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's charge</u> and what your <u>plan</u> pays (<u>balance billing</u>). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.</p>

Important Questions	Answers	Why This Matters:
Do you need a <b>referral</b> to see a <b>specialist</b> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .

 All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		<u>PPO Provider</u> (You will pay the least)	<u>Out-of-Network Provider</u> (You will pay the most)	
<b>If you visit a health care <u>provider's</u> office or clinic</b>	Primary care visit to treat an injury or illness	20% <u>coinsurance</u> .	30% <u>coinsurance</u> (20% if you live more than 25 miles from a <u>PPO provider</u> ).	None.
	<u>Specialist</u> visit			
	<u>Preventive care/screening/Immunization</u>	No charge. <u>Deductible</u> does not apply.	No charge.	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for. <u>Preventive services</u> may be subject to age and frequency limitations.
<b>If you have a test</b>	<u>Diagnostic test</u> (x-ray, blood work)	20% <u>coinsurance</u> .	30% <u>coinsurance</u> (20% if you live more than 25 miles from a <u>PPO provider</u> ).	All testing must be done on an outpatient basis except when <u>hospitalization</u> is <u>medically necessary</u> .
	Imaging (CT/PET scans, MRIs)			
<b>If you need drugs to treat your illness or condition</b> More information about <b><u>prescription drug coverage</u></b> is available at <a href="http://www.express-scripts.com">www.express-scripts.com</a>	Generic drugs	Retail: \$10 <u>copay</u> /prescription. Mail order: \$20 <u>copay</u> /prescription.	Not covered.	Subject to \$200/individual <u>prescription drug deductible</u> . Mail order is mandatory for maintenance drugs after two retail fills.
	<u>Formulary</u> brand name drugs	Retail: 25% <u>coinsurance</u> (\$25 min/\$200 max). Mail order: 25% <u>coinsurance</u> (\$50 min/ \$400 max).	Not covered.	Retail limit: 30-day supply. Mail order limit: 90-day supply.
	Non-formulary brand name drugs	Retail: 40% <u>coinsurance</u> (\$50 min/\$300 max). Mail order: 40% <u>coinsurance</u> (\$100 min/\$600 max).	Not covered.	No charge for ACA-required preventive generic drugs (e.g., contraceptives) or a brand name preventive drug if a generic is not medically appropriate.
	<u>Specialty drugs</u>	Same as above, as applicable.	Not covered.	<u>Preauthorization</u> required for <u>specialty drugs</u> and may be required for other drugs.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		PPO Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% <u>coinsurance</u> .	30% <u>coinsurance</u> (20% if you live more than 25 miles from a PPO <u>provider</u> ).	None.
	Physician/surgeon fees			
If you need immediate medical attention	<u>Emergency room care</u>	20% <u>coinsurance</u> .	20% <u>coinsurance</u> .	If you are admitted to a hospital, notification required to Independence Administrators (1-888-234-2393) within 48 hours of admission to avoid \$500 penalty.
	<u>Emergency medical transportation</u>	20% <u>coinsurance</u> .	20% <u>coinsurance</u> .	None.
	<u>Urgent care</u>	20% <u>coinsurance</u> .	30% <u>coinsurance</u> (20% if you live more than 25 miles from a PPO <u>provider</u> ).	None.
If you have a hospital stay	Facility fee (e.g., hospital room)	20% <u>coinsurance</u> .	30% <u>coinsurance</u> (20% if you live more than 25 miles from a PPO <u>provider</u> ).	Preapproval required to avoid \$500 penalty. Coverage limited to semi-private rate unless private room is <u>medically necessary</u> .
	Physician/surgeon fees	20% <u>coinsurance</u> .	30% <u>coinsurance</u> (20% if you live more than 25 miles from a PPO <u>provider</u> ).	None.
If you need mental health, behavioral health, or substance abuse services	Outpatient services	20% <u>coinsurance</u> .	30% <u>coinsurance</u> (20% if you live more than 25 miles from a PPO <u>provider</u> ).	None.
	Inpatient services	20% <u>coinsurance</u> .	30% <u>coinsurance</u> (20% if you live more than 25 miles from a PPO <u>provider</u> ).	Preapproval required to avoid \$500 penalty. Coverage limited to semi-private rate unless private room is <u>medically necessary</u> .
If you are pregnant	Office visits	Prenatal care: no charge. Postnatal care: 20% <u>coinsurance</u> .	Prenatal care: no charge. 30% <u>coinsurance</u> (20% if you live more than 25 miles from a PPO <u>provider</u> ).	<u>Cost sharing</u> does not apply for <u>preventive services</u> . Pregnancy of dependent child not covered except for certain <u>preventive services</u> required by law.
	Childbirth/delivery professional services	20% <u>coinsurance</u> .	30% <u>coinsurance</u> (20% if you live more than 25 miles from a PPO <u>provider</u> ).	Not covered for dependent children. Coverage limited to semi-private rate unless private room is <u>medically necessary</u> .
	Childbirth/delivery facility services			

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		PPO Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
<b>If you need help recovering or have other special health needs</b>	<u>Home health care</u>	20% <u>coinsurance</u> .	30% <u>coinsurance</u> (20% if you live more than 25 miles from a PPO <u>provider</u> ).	Excludes charges for meals, custodial care, housekeepers, or services of a relative or member of the household.
	<u>Rehabilitation services</u>	20% <u>coinsurance</u> .	30% <u>coinsurance</u> (20% if you live more than 25 miles from a PPO <u>provider</u> ).	Physical therapy: limit \$100/visit. Must be provided by a licensed physical therapist.
	<u>Habilitation services</u>	20% <u>coinsurance</u> .	30% <u>coinsurance</u> (20% if you live more than 25 miles from a PPO <u>provider</u> ).	Speech and vision <u>habilitation services</u> are not covered.
	<u>Skilled nursing care</u>	20% <u>coinsurance</u> .	30% <u>coinsurance</u> (20% if you live more than 25 miles from a PPO <u>provider</u> ).	None.
	<u>Durable medical equipment</u>	20% <u>coinsurance</u> .	30% <u>coinsurance</u> (20% if you live more than 25 miles from a PPO <u>provider</u> ).	Rental charges covered only up to purchase price.
	<u>Hospice services</u>	20% <u>coinsurance</u> .	30% <u>coinsurance</u> (20% if you live more than 25 miles from a PPO <u>provider</u> ).	None.
<b>If your child needs dental or eye care</b>	Children's eye exam	No charge. <u>Deductible</u> does not apply.	No charge.	One (1) eye exam/year. Vision benefits are separately administered by Davis Vision.
	Children's glasses	No charge. <u>Deductible</u> does not apply.	No charge.	One (1) pair glasses or contacts/year. Vision benefits are separately administered by Davis Vision.
	Children's dental check-up	No charge. <u>Deductible</u> does not apply.	No charge.	Two (2) routine dental exams/year. Two (2) cleanings/year. One (1) full mouth x-ray/year. Fluoride and sealants. Dental benefits are separately administered by Cigna.

## Excluded Services & Other Covered Services:

### Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Cosmetic surgery (except to repair the effect of an accidental injury or previous surgery and following mastectomy)
- Long-term care
- Routine foot care
- Weight loss programs (unless medically necessary)

### Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture
- Bariatric surgery when medically necessary
- Chiropractic care (Limit: \$62.50/visit)
- Dental care (Adult Age 18 & Over, Preventive Only) (Includes 2 exams/year, 2 cleanings/year, one full-mouth x-ray/year, fluoride and sealants; separately administered by Cigna)
- Hearing aids when prescribed by a physician
- Infertility treatment (50% coinsurance up to \$5,000/cycle; lifetime limit: 2 cycles); in-network only
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing
- Routine eye care (Adult Age 19 & Over) (one set of contacts or glasses/year; 1 exam/year; maximum \$250/family/year; separately administered by Davis Vision)

**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform). Other coverage options may be available to you, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit [www.HealthCare.gov](http://www.HealthCare.gov) or call 1-800-318-2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information on how to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, call the plan at 1-866-607-6272. You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform).

### Does this plan provide Minimum Essential Coverage? **Yes**

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

### Does this plan meet the Minimum Value Standards? **Yes**

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

### Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-866-607-6272.

*To see examples of how this plan might cover costs for a sample medical situation, see the next section.*

## About these Coverage Examples:



**This is not a cost estimator.** Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

### Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$250
■ <u>Specialist coinsurance</u>	20%
■ <u>Hospital (facility) coinsurance</u>	20%
■ <u>Prescription drug deductible</u>	\$200

This **EXAMPLE** event includes services like:

Specialist office visits (*prenatal care*)  
 Childbirth/Delivery Professional Services  
 Childbirth/Delivery Facility Services  
Diagnostic tests (*ultrasounds and blood work*)  
Specialist visit (*anesthesia*)

<b>Total Example Cost</b>	<b>\$12,700</b>
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In this example, Peg would pay:

<u>Cost Sharing</u>	
<u>Deductibles*</u>	\$310
<u>Copayments</u>	\$0
<u>Coinsurance</u>	\$2,180
<i>What isn't covered</i>	
Limits or exclusions	\$20
<b>The total Peg would pay is</b>	<b>\$2,510</b>

### Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$250
■ <u>Specialist coinsurance</u>	20%
■ <u>Hospital (facility) coinsurance</u>	20%
■ <u>Prescription drug deductible</u>	\$200

This **EXAMPLE** event includes services like:

Primary care physician office visits (*including disease education*)  
Diagnostic tests (*blood work*)  
Prescription drugs  
Durable medical equipment (*glucose meter*)

<b>Total Example Cost</b>	<b>\$5,600</b>
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In this example, Joe would pay:

<u>Cost Sharing</u>	
<u>Deductibles*</u>	\$450
<u>Copayments</u>	\$290
<u>Coinsurance</u>	\$960
<i>What isn't covered</i>	
Limits or exclusions	\$0
<b>The total Joe would pay is</b>	<b>\$1,700</b>

### Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$250
■ <u>Specialist coinsurance</u>	20%
■ <u>Hospital (facility)</u>	20%
■ <u>Other coinsurance</u>	20%

This **EXAMPLE** event includes services like:

Emergency room care (*including medical supplies*)  
Diagnostic test (*x-ray*)  
Durable medical equipment (*crutches*)  
Rehabilitation services (*physical therapy*)

<b>Total Example Cost</b>	<b>\$2,800</b>
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In this example, Mia would pay:

<u>Cost Sharing</u>	
<u>Deductibles*</u>	\$260
<u>Copayments</u>	\$0
<u>Coinsurance</u>	\$510
<i>What isn't covered</i>	
Limits or exclusions	\$0
<b>The total Mia would pay is</b>	<b>\$770</b>

\***NOTE:** This plan has other deductibles for specific services included in this coverage example. See "Are there other deductibles for specific services?" row above.

The plan would be responsible for the other costs of these **EXAMPLE** covered services.